

# Biology Bricks: Activity

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## Create your own blood.

Here's a concrete resource to make your own blood.

*You will need:*

- *A mason jar.*
- *White crafting beads (for the white blood cells).*
- *Red crafting beads (for the red blood cells).*
- *Golden syrup or clear honey (for the plasma).*
- *A large spoon.*



## Instructions

1. Fill the mason jar with 4 parts red beads to 1-part white beads.
2. Add the golden syrup or clear honey.
3. Close the lid of the jar.
4. You should now have a jar full of red and white blood cells, along with the plasma.