

LIFESTYLES

D N E Y F I B F X M H A X H W M E A W S
A T M G I R N H N L N L W A N W A E U Q
S A D D A V F A O N D C M C I U W E G T
N E N U N X E P H W Q O N D G W Q K L D
W K U E Q T M I O E V H O L C H L C E A
W C K W A E W T A K A O Q T B J B J O T
L U I D Q H F Q G C U L C I I P Q W J X
E Q O E E I L A S N B C T T K S X K F D
W G C P T N U O H X D O O H M R T L J I
N T D V A P N V X D T N H Y Y L H Y M O
Q M X K B Z N D M G W S U I O B N P M N
O Q M A W I D Q R T N U N Q X J O U X X
E I W O P P W E Z E O M H D E E I P M E
A X A O B I W J T P S P E N T M N T L J
E X E R C I S E D E N T A R Y T D Z H O
J T W L A Y K K D E M I L C W A R U N M
N D S I I S J P D I O O T O E B Z L A N
P E N E U E Z I P I E N H L H E I N G U
Y O W W J L L I F E S T Y L E D J T M E
H M I T G O E H J B T Q B E T D T O U Q

ALCOHOL CONSUMPTION DIET EXERCISE HEALTHY LIFESTYLE REST
SEDENTARY UNHEALTHY



LIFESTYLES - ANSWERS SHEET



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SEDENTARY UNHEALTHY

